

BODY LINE PROTOCOL

PRODUCTS	APPLICATIONS
BASIC BODY LINE	
PB Serum SLIM	Localized fat and adipose cellulite.
PB Serum SMOOTH	Orange peel and fibrous cellulite. Firming.
PB Serum DRAIN	Fluid retention, edematous cellulite.
PB Serum LIFT	Body flaccidity, elasticity loss.
INTENSIVE BODY LINE	
PB Serum SLIM+	Intensively localized fat and rebel adipose cellulite
PB Serum SMOOTH+	Advanced orange peel and rebel fibrous cellulite.
PB Serum DRAIN+	High water retention, advanced and rebel edematous cellulite. Errors correction in infiltrations of hyaluronic acid.
PB Serum LIFT+	Advanced/Localized body flaccidity.
MAINTENANCE BODY LINE – EASY TOUCH	
PBS SMOOTH OUT POWER	Orange peel and fibrous cellulite. Firming.
PBS DRAINING POWER	Fluid retention, edematous cellulite.
PBS LIFTING POWER	Body flaccidity, elasticity loss.

SUGGESTED PROTOCOLS

General recommendations

Treatment duration	4-6 weeks 8-12
Sessions	NOTE: For treatments with PB Serum LIFT and PB Serum LIFT+, it is recommended a weekly application with a total number of 4 to 6 sessions.
Treatment frequency	Twice a week
Product preparation	PB Serum SLIM: Dissolve the vial content in 20 ml of saline serum. PB Serum SLIM+/SMOOTH+/DRAIN+: Dissolve the vial content in 5 ml of saline serum. PB Serum SMOOTH and DRAIN: Previous preparation is not required. PB Serum LIFT/LIFT+: Dissolve the lyophilized vial using the vial with the reconstitutive solution included in the packaging (20ml/5ml). NOTE 1: Each reconstituted vial contains the right amount for a single dose. NOTE 2: PB Serum products can be individually used or combined.
Area preparation	Exfoliate the area to be treated. With the help of a sponge, wash the area with warm water. Dry the area before using the product.
Skin diagnosis	It is important to perform an accurate diagnosis since it may indicate the correct product to use. NOTE: In patients suffering from cellulite or localized fat along with flaccidity and elasticity, it is recommended to combine the products throughout the complete treatment, instead of addressing flaccidity problems as a final step of the complete treatment.

Manual application protocol

Steps	Duration	Details
Step 1	25-30 minutes	Apply 20 ml of PB Serum SMOOTH or PB Serum DRAIN (according to diagnosis) in the affected area by performing an active massage for fibrous cellulite cases or a draining massage for edematous cellulite cases.
Step 2	20-25 minutes	OPTIONALLY, presstherapy session can be performed followed by a mud or a seaweed wrap.
Step 3	3-12 minutes	OPTIONALLY, continue with a shower or pressure jet session.
Maintenance		It is advisable to use maintenance products from the EASY TOUCH line on a daily basis in order to extend the effects of the treatment performed by the specialist (Choose EASY TOUCH product according to diagnosis).
NOTE		When a manual application of PB Serum SMOOTH and/or DRAIN is combined with PB Serum SLIM, the latter needs to be applied using techniques that promote deep skin penetration.

Electroporation protocol

Steps	Duration	Details
Step 1	20-25 minutes	Apply reconstituted PB Serum SLIM vial (20ml) in small doses and facilitate penetration by gently passing the electroporation equipment. Repeat this operation until complete absorption of the products in the area affected by localized fat (thighs, gluteus, hips, abdomen and arms).
Step 2	12-15 minutes	Apply 10 ml of PB Serum SMOOTH or PB Serum DRAIN (according to diagnosis) in the affected area by performing an active massage for fibrous cellulite cases or a draining massage for

		edematous cellulite cases.
Step 3	20-25 minutes	OPTIONALLY, presstherapy session can be performed followed by a mud or a seaweed wrap.
Step 4	3-12 minutes	OPTIONALLY, continue with a shower or pressure jet session.
Maintenance		It is advisable to use maintenance products from the EASY TOUCH line on a daily basis in order to extend the effects of the treatment performed by the specialist (Choose EASY TOUCH product according to diagnosis).

Radiofrequency protocolo

Steps	Duration	Details
Step 1	15-20 minutes	Apply reconstituted PBSerum SLIM vial (20ml) by performing a manual massage until complete absorption of the products in the area affected by localized fat (thighs, gluteus, hips, abdomen and arms).
Step 2	30-35 minutes	Continue with a regular radiofrequency session by using the conducting gel. Remove conducting gel and wash the skin. OPTIONALLY, radiofrequency sessions can be alternated with dermo-aspiration sessions, with a resting period of at least one day between sessions. NOTE: Conducting gel is never to be replaced by PBSerum products.
Step 3	12-15 minutes	Apply 10 ml of PBSerum SMOOTH or PBSerum DRAIN (according to diagnosis) in the affected area by performing an active massage for fibrous cellulite cases or a draining massage for edematous cellulite cases.
Step 4	20-25 minutes	OPTIONALLY, presstherapy session can be performed followed by a mud or a seaweed wrap.
Step 5	3-12 minutes	OPTIONALLY, continue with a shower or pressure jet session.
Maintenance		It is advisable to use maintenance products from the EASY TOUCH line on a daily basis in order to extend the effects of the treatment performed by the specialist (Choose EASY TOUCH product according to diagnosis).

Cavitation/Ultracavitación protocol

Steps	Duration	Details
Step 1	15-20 minutes	Apply reconstituted PBSerum SLIM vial (20ml) by performing a manual massage until complete absorption of the products in the area affected by localized fat (thighs, gluteus, hips, abdomen and arms).
Step 2	30-35 minutes	Continue with a regular cavitation session by using the conducting gel. Remove conducting gel and wash the skin. NOTE: Conducting gel is never to be replaced by PBSerum products.
Step 3	12-15 minutes	Apply 10 ml of PBSerum SMOOTH or DRAIN (according to diagnosis) in the affected area by performing an active massage for fibrous cellulite cases or a draining massage for edematous cellulite cases.
Step 4	20-25 minutes	Perform a presstherapy session that can be followed by a mud wrap or a seaweed wrap.
Maintenance		It is advisable to use maintenance products from the EASY TOUCH line on a daily basis in order to extend the effects of the treatment performed by the specialist (Choose EASY TOUCH product according to diagnosis).

Dermaroller protocol – EXCLUSIVE USE for INTENSIVE LINE PRODUCTS

Steps	Duration	Details
Step 1	20-25 minutes	Apply reconstituted PBSerum SLIM vial (5ml) in small doses and in small areas. Facilitate penetration by gently passing the Dermaroller. Repeat this operation on the affected areas by using almost the total quantity of the product. Finish application by performing a gently massage with the remaining quantity of the product.
Step 2	12-15 minutes	Apply 10 ml of PBSerum SMOOTH or DRAIN (according to diagnosis) in the affected area by performing a gentle massage.
Step 3	20-25 minutes	Perform a presstherapy session that can be followed by a mud wrap or a seaweed wrap.
Step 4	5-10 minutes	When sun exposure after the treatment is expected, apply emollients, moisturizing creams or moisturizing emulsions with Sun Protection Factor (SPF).

NOTES	<p>The use of gloves is advisable in order to avoid skin infections.</p> <p>Recommended depths for body treatments with Dermaroller are: 1.0mm to 1.5mm for professional estheticians and 2.0mm to 3.00mm for doctors.</p> <p>For correct penetration of microneedles in the skin, Dermaroller bearings should be repeated 4-8 times in vertical, horizontal and diagonal orientations by gently applying pressure.</p> <p>It is important to advise patients on the use of 50SPF for 24-48 hours after treatment as well as to avoid swimming (swimming pool or sea) for the same period of time.</p> <p>IMPORTANT: Dermaroller must be used individually and is not to be shared with other patients.</p>
-------	---

Maintenance		It is advisable to use maintenance products from the EASY TOUCH line on a daily basis in order to extend the effects of the treatment performed by the specialist (Choose EASY TOUCH product according to diagnosis).
-------------	--	---